

GLUTEN FREE MENU

These menu items are either gluten free as prepared, or are modified to be gluten free. The following ingredients are used in Elaine's gluten free sauces: chicken broth, rice wine, sugar, wheat free soy sauce and white pepper. The marinades for beef, pork, chicken, shrimp and scallops are gluten free and contain cornstarch. Please ask your server for our gluten free soy sauce.

STARTERS

(GF) EDAMAME	5
steamed and lightly salted soy beans	
(GF) CRISPY SEAWEED (GAMBEI)	7
(GF) LETTUCE WRAP 9/9/10/10	
W. TOFU/CHICKEN/BEEF OR SHRIMP	
diced veggies with cool fresh lettuce cups	
(GF) HONEY GLAZED SPARE RIBS	12
with honey & oriental BBQ sauce	
(GF) SATAYS (2)	
skewers in chef's special cream sauce	
CHICKEN /BEEF /SHRIMP	7 /7.5 /8

SALADS

(GF) GREEN PAPAYA SALAD	8
shredded green papaya with chili & peanuts in lime herb dressing	
(GF) BISTRO HOUSE SALAD	9
with honey walnuts & sesame/soy vinaigrette	
(GF) AVOCADO SALAD	6.5
orange ginger dressing	
(GF) MIXED GREENS & TOMATO	5
orange ginger dressing	
(GF) CRUNCHY DUCK SALAD	15
sesame/soy vinaigrette	

NOODLE & RICE

(GF) FRIED RICE WITH VEGETABLES	8
(GF) FRIED RICE W PORK/ CHICKEN	12
(GF) FRIED RICE W BEEF/ SHRIMP	13
(GF) THAI PINEAPPLE FRIED RICE	14
shrimp, chicken, pineapple, pine nuts & raisins	
(GF) MEI FUN (rice noodle)	
WITH VEGETABLES ONLY	11
WITH PORK/ CHICKEN	12
WITH BEEF OR SHRIMP	13
(GF) CURRY MEI FUN	13
w. shrimp, chicken & egg	

ENTREES

(GF) BEIJING CHICKEN	16
with walnuts in sweet brown sauce	
(GF) SESAME HUNAN CHICKEN	15
breaded or not breaded	
(GF) CHICKEN OR BEEF W BROCCOLI	15
sautéed in white, brown or garlic sauce	
(GF) KUNG BAO CHICKEN	15
wok fried with dry chili & peanuts	
(GF) CHICKEN W. SPICY GARLIC SAUCE	16
celery, red bell pepper & fresh garlic	
(GF) VELVET CHICKEN	16
shredded chicken with carrots, green pepper & celery in spicy white sauce	
(GF) CHICKEN TERIYAKI	15
(GF) WHITE PRAWNS	19
shredded snow pea pods, egg white sauce	
(GF) NINE SEASONS SPICY PRAWNS	19
chef's special spicy sweet & sour sauce	
(GF) TRIPLE DELIGHTS	19
shrimp, chicken, scallops, wood ear mushrooms, white garlic sauce	
(GF) DRUNKEN SEA BASS	23
braised with white wine sauce, wood ear mushroom	
(GF) STEAMED AMERICAN BLACK BASS	25
one side w/black beans & one side w/garlic	
(GF) PAN FRIED WILD ALASKAN SALMON	21
topped with sweet & sour sauce	
(GF) LIVE MAINE LOBSTER	MP
ginger & scallions or rock salt & pepper	

VEGETABLES

(GF) BROCCOLI IN MILD GARLIC SAUCE	12
(GF) BOK CHOY WITH FRESH GARLIC	13
(GF) DRY SAUTEED STRING BEANS	12
(GF) ORGANIC TOFU HOME STYLE	13
(GF) SAUTEED GARDEN VEGETABLES	13
with white or brown sauce	
(GF) STEAMED GARDEN VEGETABLES	13
with or without tofu, light ginger sauce or spicy garlic sauce on the side	

FROM SUSHI BAR

<i>Starters :</i>	(GF) PEPPER TUNA OR SALMON	13
	(GF) SASHIMI SAMPLERS	14
	(GF) TUNA OR TORO TARTAR	12/ 15
	(GF) SEAFOOD CEVICHE	15
	(GF) BAKED MUSSELS & SPICY MAYO	8
	(GF) SPICY SEAFOOD SALAD	9
	(GF) HAMACHI KAMA (GRILLED YELLOWTAIL COLLAR)	14

<i>Special Rolls :</i>	• Inside	◇ Outside
	(GF) RICELESS	15
	• tuna, salmon, yellowtail, avocado, caviar & scallion	◇ Sheet of cucumber
	(GF) PASSION	15
	• spicy tuna, salmon, yellowtail, caviar, seaweed & avocado	◇ tuna & spicy mayo
	(GF) RAINBOW	14
	• avocado & cucumber	◇ tuna, salmon, yellowtail, fluke & stripe bass
	(GF) PHOENIX	13
	• spicy salmon	◇ tuna & avocado